



## Anesvad, a Health NGO for Development

Health is a basic Human Right, inherent to all human beings. Hence, the lack of health in human beings is both a cause and a consequence of poverty. It handicaps the development of populations and limits the opportunities of people.

In Anesvad we believe that working towards universal healthcare is our best contribution to the development, promotion and protection of Human Rights and of the dignity of people. For over 40 years, we have been committed to these aims with very positive results.

Every year, over nine million people manage to achieve their Right to health. They become empowered, they learn and they manage to escape from the circle of poverty. Their healthcare problems are looked after according to the four major standards of health: accessibility, acceptability, quality and availability, enabling them to face the future with optimism and hope.



**anesvad**  
for the right to health

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**anesvad**  
for the right to health

We work  
to promote and  
protect the Right  
to health







## Our priorities

We are working in 19 countries in the three most impoverished continents of the planet: Africa, Latin America and Asia, and our actions are basically focused in five areas: Community Health, Child and Maternal Health, Sexual and Reproductive Health, Neglected Tropical Diseases and Human Trafficking.

### Community Health

Is a model of care strongly based on prevention, in which populations take part in the identification and solution of their own problems. **We promote a high level of healthcare through the involvement of communities in their own development.**

### Child and Maternal Health

Each minute, a woman dies due to causes related to pregnancy, 27,000 children under 5 years old perish due to avoidable causes. **We work towards safe maternity and a healthy childhood.**

### Sexual and Reproductive Health

Problems in Sexual and Reproductive Health (SRH) represent 20% of health problems for women and 14% of men's. **We work towards the prevention of sexually transmitted diseases, in the eradication of violence within families, and in dealing with the problems of women in their fertile life.**

### Neglected Tropical Diseases

Around 1,000 million people suffer from one of the 17 existing Neglected Tropical Diseases (NTD). These affect impoverished people, and are not a priority within public policies. **We work to prevent the advance of five of these diseases, and towards the reduction of their causes.**

### Human Trafficking

Is one of the greatest violations of Human Rights. It affects mostly women and girls, and it has extremely negative effects for the physical and psychological health of those who suffer from it. **We prevent and reduce the vulnerability of the victims of human trafficking and we work towards their rehabilitation.**

Our work is aimed at the most vulnerable and impoverished people, those with fewest resources. **In this sense, we give priority to women, children under five years of age, indigenous people, handicapped individuals and people at risk of exclusion.**



## Our Approach

**In Anesvad we conceive health as a complete state of physical, psychological and social wellbeing, and not only as the absence of illness. We work with a Human Rights Based Approach; we support the endogenous development of the people we cooperate with, and we respect their culture and their idiosyncrasies.**

In our actions, we combine healthcare attention with education in the fields of health training, information, awareness, participation and sustainability. We aim to influence public policy in order to promote social change in such a way as to tackle the structural causes of poverty, inequality and social exclusion, and we evaluate all our actions, in search of continual and effective improvement.

We are presently working in close cooperation with over 80 local organizations in the South, including local institutions and national governments. We promote the active participation of the people directly affected in the identification of their needs and the implementation of solutions to their problems.



## Our target

An integral system of healthcare, based on people's needs, which is fair, affordable, efficient, and combined with activities aimed at the promotion and protection of health, would enable us to avoid up to 70% of ill health in the world. In order to achieve this, we need to focus work in four health areas:

**Availability:** When a person requires healthcare, the first thing she or he needs to check is if there is an establishment or a health service available.

**Quality:** Services must meet the standards of quality that guarantee the patient's satisfaction.

**Accessibility:** Where they exist, the health service should not involve physical barriers which prevent people's access. Once inside the premises, the patient must be treated without suffering discrimination.

**Acceptability:** The patient must feel that she or he is being treated in an acceptable manner, respectful of towards her or his culture and traditions.

In Anesvad we work to include these four areas of the Right to health in our actions.

## Follow us online

We have a commitment to innovation and to new technologies, enabling information to reach every corner of the world. We have renewed our website, so you may be kept up to date with everything connected with our work and with your support. We are also consolidating our presence in social webs such as Facebook and Twitter. We offer an open window to the world so that the Right for Health can be enjoyed by everyone. Participate and discover how your support makes a difference. Tell us about your experiences and share them with your friends and family, so that together we can join forces for a greater impact.

[www.anesvad.org](http://www.anesvad.org)

